

Brent Pope, who will MC the summit again this year, is one of Ireland's best known and respected media personalities. A main rugby pundit for RTE since 1993, Brent has also appeared on many top Irish television and radio shows about his own personal journey through mental health. Brent is a dedicated charity worker and a proud ambassador to many leading Irish charities, including "Cycle Against Suicide" and St Patricks Hospital. An art therapy advocate, Brent was the curator of popular gallery 'Outside In' which promoted art therapy work from various prisons, charities and mental health organisations. He has completed qualifications in psychotherapy and counselling and continues to see clients weekly.